

MONDAY 5 OCTOBER

MAIN Homemade Italian Meat Balls in a Tomato and Parmesan Sauce served with Spaghetti, Fresh Salad and Basil Bread

VEGETARIAN/VEGAN Sweet and Sour Vegetables served with Rice and Soy Pak Choi

STREET FOOD International Street Food will be available - see blackboard for details

DESSERT Ginger Sponge and Lemon Sauce

RUBY TUESDAY 6 OCTOBER

MAIN Tandoori Chicken, Pilau Rice and Mint Yoghurt served with Bombay Potatoes

VEGETARIAN/VEGAN Chickpea and Pumpkin Curry and Pilau Rice served with Bombay Potatoes

STREET FOOD International Street Food will be available - see blackboard for details

DESSERT Baked Vanilla Cheesecake

WEDNESDAY 7 OCTOBER

MAIN Roast Free Range British Pork and Bramley Apple Sauce served with Roast Potatoes, Broccoli and Carrots

VEGETARIAN Vegetable Lentil Roast

served with Roast Potatoes, Broccoli and Carrots

STREET FOOD International Street Food will be available - see blackboard for details

DESSERT Lemon Meringue Pie

THURSDAY 8 OCTOBER

MAIN Cajun Chicken and Salsa Dip served with Oven Baked Wedges, Salad and House Slaw

VEGETARIAN/VEGAN Spinach Quiche served with Oven Baked Wedges, Salad

STREET FOOD International Street Food will be available - see blackboard for details

DESSERT Banana Cake and Custard

FRIDAY 9 OCTOBER

MAIN Battered Cod and Chips served with Garden Peas or Mixed Salad or Chef's Special Salmon Fish Cakes served with a Lemon and Dill Sauce, Chips and Salad

VEGETARIAN Roasted Vegetable and Mozzarella Pizza served with Chips and Salad

STREET FOOD International Street Food will be available - see blackboard for details

DESSERT Fruity Flap Jack and Custard

AVAILABLE DAILY FRESH CHEF'S SALAD - WHOLE GRAIN BREAD - SELF HELP SALAD BAR



STREET FOOD

THE SPANIARD
THE ITALIAN
THE BIG FOOT
THE ORIENTAL

THE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES
SEE THE BLACK BOARDS FOR SOUPS, THEME DAYS
AND THE CHEF'S SPECIAL

ALLERGENS

DUE TO CURRENT SUPPLY RISKS, ALLERGENS WILL BE ADDED TO ALL DISHES AT THE POINT OF SERVICE, IF YOU HAVE ANY CONCERNS OR QUESTIONS, PLEASE ASK THE UNIT MANAGER DIRECTLY

WE ONLY USE



FRESH UK MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK



LOCAL FRUIT & VEG



WHOLE MEAL PASTA